

Mast Cell Review of Systems

If you have been asked to complete this by Dr. Altman, please copy and paste it into another document (such as a MyChart message) and type yes or no after each item. If the answer is yes, please provide more details if pertinent.

Constitutional:

- Fatigue
- Fevers
- Weight loss or gain
- Weakness
- Environmental or chemical sensitivities

Eye:

- Conjunctivitis
- Difficulty in focusing
- Dry eyes
- Periorbital edema
- Dark undereye circles

EENT:

- Ringing in ears
- Nasal congestion/sinusitis
- Rhinitis
- Lump in throat sensation/difficulty swallowing
- Hearing loss

Mouth and throat:

- Burning pain
- Oral allergy syndrome
- Difficulty swallowing
- Swollen salivary glands
- Oral ulcers or sores
- Perioral rash

Respiratory:

- Cough
- Shortness of breath
- Wheezing

Cardiovascular:

- Hot flashes/flushing
- Fainting
- Rapid heart rate
- Low blood pressure
- High blood pressure
- Hypercholesterolemia

- Edema

Gastrointestinal/abdomen:

- Abdominal pain/cramping
- Abdominal distention/bloating
- Fluid in the abdomen
- Intestinal cramping
- Diarrhea
- Nausea
- Vomiting
- Non-cardiac chest pain
- Reflux/heartburn
- Stomach ulcers
- Helicobacter pylori-negative gastritis
- Floating stools/fatty stools
- Malabsorption,

Hepatic:

- Upper right abdominal pain
- Elevated bilirubin
- Elevated liver enzymes (AST, ALT)
- Portal hypertension
- Enlarged liver

Splenic:

- Upper left abdominal pain
- Enlarged spleen

Genitourinary:

- Painful urination
- Urinary frequency
- Urinary urgency
- Painful menses/cramping
- Interstitial cystitis

Musculoskeletal:

- Muscle pain
- Bone pain
- Migratory arthritis
- Fibromyalgia
- Osteoporosis/osteopenia
- Pathologic fractures
- Hypermobility/hyperflexibility/being “double jointed”

Hematologic:

- Abnormal bleeding,
- Anemia
- Abnormal blood cell counts or platelet levels

Lymph:

- Painful and or enlarged lymph nodes

Dermatologic:

- Itching
- Hives
- Rashes
- Skin lesions
- Swelling of face
- Telangiectasia

Neuropsychiatric:

- Headaches
- Migraines
- Nerve pain
- Numbness and tingling/neuropathy
- Decreased attention span
- Inability to concentrate
- Forgetfulness
- Vertigo/dizziness
- Lightheadedness
- Anxiety
- Depression
- Mania
- Mood changes
- Irritability
- Excessive sleeping
- Sleeplessness
- Cognitive changes